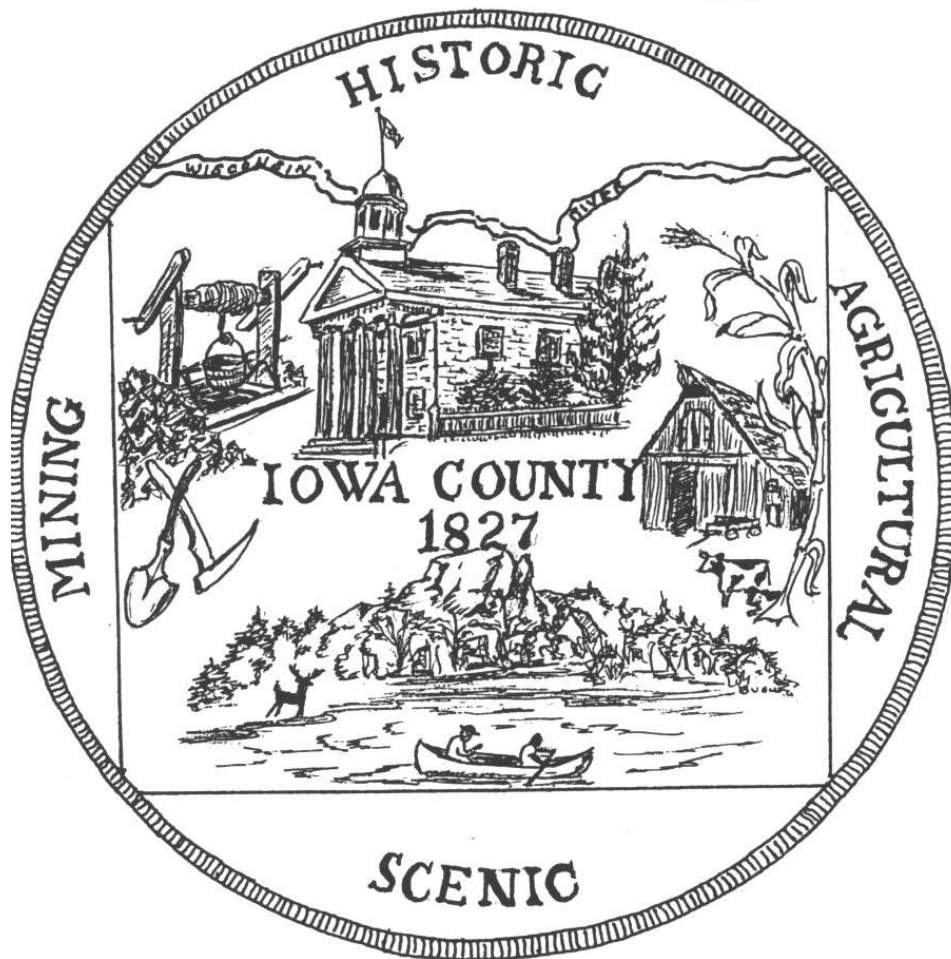


Iowa County Health Department

“Provides Public Health
Services That Promote
Wellness, Prevent Disease
And Provide a Healthy
Environment”

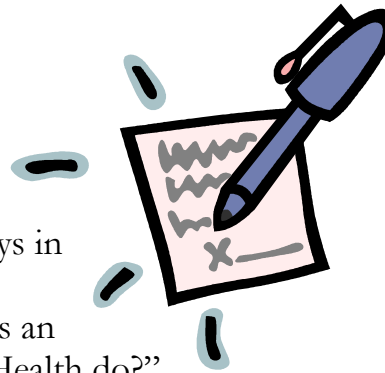
Serving our community since 1935



2009 Annual Report

Message from the Director

The 2009 Annual Report of Iowa County Health Department provides a snapshot of the many ways in which our department touches the lives of Iowa County residents each and every day and provides an answer to many who ask us, “What does Public Health do?”



Although public health programs and activities may not often be visible, public health staff can frequently be found working behind the scenes on our mission to protect, promote, and maintain the health of our entire population. The 12 Essential Services of Public Health can provide a basic description to others as to “What does Public Health do” and the services provided by our department.

We cannot do it alone. Providing Essential Services of Public Health requires community partnerships. While strengthening our services to provide essential public health services, we continue to develop and engage community partners to provide a healthy and safe place to live for all residents of Iowa County.

Respectful yours,

June E. Meudt
Heath Officer
Iowa County Health Department

12 Essential Services of Public Health

1. Monitor health status and understand health issues facing the community.
2. Protect people from health problems and health hazards.
3. Give people information they need to make healthy choices.
4. Engage the community to identify and solve health problems.
5. Develop public health policies and plans.
6. Enforce public health laws and regulations.
7. Help people receive health services.
8. Maintain a competent public health workforce.
9. Evaluate and improve programs and interventions.
10. Contribute to and apply the evidence base of public health.
11. Assure access to primary health care for all.
12. Foster the understanding and promotion of social and economic conditions that support good health.

Iowa County Health Department Highlights of 2009



The 2008 – 2009 Community Needs Assessment was completed. A large community meeting was held in May and follow up meetings continue. The document can be found on our webpage at www.iowacounty.org. Actions are taking place to follow through with the identified concerns:

- Mental Health
- Prescription Drug Round Ups
- Youth Activities
- Alcohol Abuse
- Wellness Issues/With focus on Obesity

The 2009 H1N1 Pandemic Flu Started in April in Iowa County. Flu activity peaked in October 2009 and lasted into 2010. Community meetings as well as communication venues were set up to deal with professional and community education and vaccine distribution.

The Iowa County Health Department moved to a new location (217 E. Grace Street in Dodgeville) in October.

The Health Department staff and the Health Committee worked together on an Internal Assessment preparing for the future National Accreditation of health departments.

2009 Programs and Services of Health Department:

Disease Control and Prevention

Communicable diseases are tracked through a channel of communications at the local, state and regional levels between public health, private physicians, hospitals, and labs. This communication channel allows for prompt investigation of possible outbreaks and unusual situations. It allows for control measures to minimize further transmission of disease to others. In 2009, Iowa County staff received 110 reports of communicable diseases.



<i>Diseases in Iowa County</i>	<i>2009</i>
Campylobacteriosis	11
Chlamydia Trachomatis	35
Cryptosporidiosis	10
E-Coli 0157:H7 w/o HUS	1
Ehrlichiosis/Anaplasmosis, A.	2
Ehrlichiosis/Anaplasmosis, undetermined	1
Giardiasis	2
Gonorrhea	6
Hepatitis C	4
Lyme Disease	29
Pertussis (Whooping Cough)	1
Salmonellosis	3
Streptococcus Pneumoniae, Invasive Disease	1
Tuberculosis, Latent	4
Total:	110

Public Health Preparedness

Iowa County is prepared to respond to all emergencies with a plan of action and a system of communication with community responders. This response includes **detecting** disease

“By failing to prepare, you are preparing to fail.”
- Benjamin Franklin

outbreaks; **investigating** to determine what the risks are to the public and who may have been exposed; **informing** the public and professionals of the specific disease threats and how to protect themselves and others; **managing** infected persons; **isolating or quarantining** affected individuals as appropriate; **providing medications or vaccinations** to people at risk in the population.

Iowa County receives federal funding to help with preparedness activities. The 2009 exercise and planning objective focused on reviewing the Incident Command System (ICS). A tabletop was held with five other counties. It helped all staff to be more aware of roles needed during a major event in a community.

Preparing community people for emergencies is another objective required with the funds the health department receives. A shelter in-service occurred in the spring. A mock shelter was then set up later in the year at the Dodgeville Middle School. Thirteen people from four organizations participated. This provided people with real hands on experience.

Immunizations for Children and Adults

Immunization is one of the most important public health victories of the 20th century – defeating or sharply reducing diseases such as smallpox, polio, measles, diphtheria, rubella, and pertussis (whooping cough) to name a few. However, many organisms that cause these diseases have not been eliminated, and they could reemerge if vaccination levels drop.

In 2009, the Iowa County Health Department gave a total of 5,943 immunizations. Immunizations are given to children and adults primarily at the Health Department and the schools. Public Health Nurses also provide immunizations at long-term facilities,

local EMS, Fire Departments and some businesses. Ten community clinics were also held during the H1N1 outbreak.

Prenatal and Postnatal Care



Public Health Nurses provide parent and baby home visits to assist families after the birth of their baby whether it is their first baby or they already have children. Families receive support and education, baby weight checks, health teaching on parenting and child development and referrals to community services.

Ninety-two families were visited in 2009.

The Prenatal Care Coordination program provides educational and supportive services to pregnant women who are considered high risk.

A taskforce to improve car seat installation was set up with the Family Resource Center, Iowa County Sheriff's Department, Upland Hills Health Hospital, UW Extension, and Kiwanis Club. The goal is to prevent injuries by having children in car seats that are correctly installed. This required getting people certified in car seat inspections, setting up inspection sites, and providing car seats for reduced costs.

Oral Health

Oral health is essential to the general health and well-being of people.

Virtually everyone will have some sort

of dental problem during his or her life, but regular dental care can prevent minor problems from becoming major ones.



Prevention programs are important to enhance dental health. In 2009, 193 fluoride supplements were provided to area families who do not have fluoride in their drinking water. A Fluoride Varnishing program was also started. The program was piloted in Head

Start and two school districts. Fluoride varnish is a protective coating that is painted on teeth by a public health nurse to help prevent new cavities and to help stop cavities that have already started. The Ronald McDonald Care Mobile continues to come to Iowa County. It provides dental services to any child who qualifies according to their income and access to dental care. Eighty-three Iowa County children were served in 2009.

Wisconsin Well Women Program

The goals of the Wisconsin Well Women Program are to improve access to preventive health services and eliminate preventable death and disability from breast and cervical cancer. Well Woman pays for mammograms and Pap tests. In 2009, these services were provided to 38 clients. Newsletters were also sent out to 85 clients on current health issues.

Environmental Health

The Iowa County Health Department has had an Environmental Health Consultant since 1988 in collaboration with four other counties. The program has been successful in educating the community on many issues: lead, mold, radon, rabies control, mosquito control (West Nile Virus and La Crosse Encephalitis), prescription drug round ups, ground water issues, and human health hazards.



In 2009, the Environmental Health Consultant had 381 contacts and provided 62 home visits in Iowa County. The statistics for the five-county consortia were 1,873 contacts and 254 home visits.

Statistics Specific to Programs:

- 30 radon kits returned (4 homes remediated)
- 154 lead tests were done (4 investigated due to high levels).
- 91 animal bite investigations
- 62 water tests (17 needed follow up)

Tobacco Control Program

Tobacco is one of the leading preventable cause of death in Wisconsin. An estimated 7,300 people die annually from illnesses directly related to smoking in Wisconsin and approximately 853 die from illnesses and fires indirectly related to smoking, for a total of 8,153 annual deaths in Wisconsin.

In 2009, Iowa County received funds to increase activities for reducing smoking rates with an emphasis on policy change. Through the efforts of many people in Wisconsin and Iowa County, Wisconsin will become smoke free on July 5, 2010.

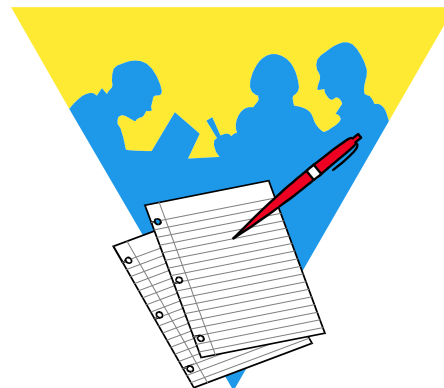
Another program that focused on reducing smoking is the First Breath Program. This program provides support and education to pregnant women who smoke.

2009 Fiscal Information

<i>Revenue</i>	39% Grants/Other	150,342
<i>Sources:</i>	61% County	239,810

<u>Budget Expenses:</u>	
Personnel & fringe -	290,952
Contracted personnel -	20,467
All others -	99,200
(includes rent and expenses of \$34,101)	

Total: \$390,152



Iowa County Public Health Staff

June Meudt, Director/Health Officer

**Ann Thompson, Public Health Nurse
(Responsible for MCH/Prenatal Care/Dental Care)
2009**

**Kari Bennett, Public Health Nurse
(Responsible for MCH/Prenatal Care/Dental Care)
2010**

**Sue Steudel, Public Health Nurse
(Responsible for the Immunization and WWWP)**

Troy Moris, Environmental Health Consultant

Kim Horst, Health Educator

Dr. Paul Biere, Medical Advisor

Kathy Key, Department Assistant

Board of Health (2008 – 2010)

Phil Mrozinski, Chairman

Steve Lanenberg, Co-Chairman, Community Member

Carol Anderson, Elected Official

Tom Howard, Community Member

John Meyers, Elected Official

Linda Pittz, Community Member

Joe Thomas, Elected Official

Annual Report:

For additional copies of this report visit our website at iowacounty.org.

Information Sources: National Association of County and City Health Officials, Centers of Disease Control and Prevention, Wisconsin Department of Health Services, Iowa County Health Department.



Public Health
Prevent. Promote. Protect.